**Coach: Edmond Khoo**

*Coachee S/No.: 302*

*Period of Coaching: Dec 2017 to Mar 2018*

*Number of Sessions: 4*

*Number of Hours: 6.5*

*Average Duration per Session: 1 hour 38 minutes*

TESTIMONIAL

*by Coachee who is a Deputy Director, Public Sector Organisation, Singapore*

I have been coached by Edmond and I feel privileged to have had him as a coach.

As a result of his coaching, I now take action to stay focussed on things that are important to me, and spend a minimal amount of time on side issues. In addition, I realised that I need to be more strategic in my role and learned to create time to think and plan.

Edmond is a great listener and his style and method is very effective, helping me to re-focus my energies and complete some major goals in my busy life. His coaching was not just limited to my work and career, but extended to include also my family which is important to me.

I have seen myself improve both professionally and personally with his coaching and I will recommend him to anyone who needs a life and career coach.